

If you have questions or need the help of an interpreter, please call your school office.  
Si tiene alguna pregunta o si necesita la ayuda de un interprete, favor de llamar a la oficina de su escuela. Yog  
koj muaj lus nug los yog xav tau neeg pab txhais lus, thov hu rau koj lub tsev kawm ntawv.

NS CD-2

Clovis Unified School District

10/18

## **HEAD LICE IN THE CLASSROOM**

Date: 11/1/2018

Dear Parent/Guardian:

Clovis Unified operates on “**NO LIVE LICE**” guidelines. The parents of children with active head lice will be notified when we find them. It has been suggested by the **American Academy of Pediatrics** that parents check their children's head periodically to prevent further cases.

**Please check your child's head** for nits (eggs) on the hair shaft. They can be identified by looking for white or brown tear-drop shaped eggs close to the scalp that cannot be removed easily. If you find the eggs or lice, contact your physician or pharmacist for a medication to kill the head lice.

All bed linen must be laundered, along with frequently worn clothing. It is also a good idea to treat all affected family members at the same time. Head Lice is not necessarily a matter of cleanliness. Please notify your child's school **HEALTH OFFICE** if you find signs of head lice on your child.

This problem can be completely treated in a couple of hours. The school nurse or trained staff will clear your child for re-admission to school after determining that the treatment has been effective in getting rid of the lice and nits.

Please feel free to contact your child's school **HEALTH OFFICE** if you have any additional questions or concerns at the phone number listed below.

Sincerely,

*Patti Cullins* RN, BSN

559-327-4960 or x 4947

X School Nurse

Health Office Phone Number

Health Services Assistant

**Additional information regarding treatment is on the backside of this notice**

The occurrence of head lice is a common problem in childhood. We mention this not to alarm you, but rather to alert you in hopes that you will be especially observant for this condition in your child.

#### WHAT TO LOOK FOR:

1. Frequent itching of the scalp, especially at the base of the neck and around the ears.
2. Small white to yellow eggs approximately one-half the diameter of the head of a pin. They are firmly attached to the hair and will not flake off like dandruff. These are called nits.
3. A very small bug approximately 1/8 inch (or smaller) that is gray-brown. This is a louse and is often difficult to see.

#### WHAT TO DO:

1. Contact your family doctor or pharmacist about medication that will kill the lice. They will often not kill the nits. It is highly advisable to treat **all** affected family members at the same time.
2. Remove all of the nits. The Public Health Department recommends that you use a **METAL TOOTHED COMB THAT IS USUALLY SOLD SEPARATELY FROM THE MEDICATION** for this process. This can be completed in 1-2 hours and the child can return to school when all nits and lice have been removed.
3. **Please continue to comb your child's hair daily with a METAL COMB for two weeks.**
4. **Re-treat the hair on the eleventh day in order to kill any newly hatched nits that may have been missed during removal.**
5. Wash all bed linen and dry all frequently worn clothing or items that have had contact with your child's hair. Items that cannot be washed should be stored in a sealed plastic bag for two weeks.
6. Use good house cleaning techniques such as sweeping or vacuuming rugs and furniture; concentrating in the child's bedroom. **Fumigating or spraying the house is not necessary.**
7. **All children must be cleared by the school nurse or trained staff before they will be re-admitted to class on the day they return.**

Please continue to check and monitor your children for head lice **for the next two weeks**. In the meantime, be watchful and remind your children not to use other peoples' combs, hairbrushes, scarves, and/or hats. Please feel free to contact the school's Health Office if you have any further questions.