

# BR Track and Field Information 2024

The track season usually brings many questions for athletes and parents. See below for a list of meets and qualifications for each.

# • April 12: Practice Meet at Bud Rank 1pm-4pm vs. Jefferson and Freedon

All athletes can participate in up to 3 events. Running events are not timed. Ribbons given to top 3 in each heat.

Running events are not limited to a certain number of athletes.

Due to the time restraint, field events are limited to the 5 athletes from each grade/gender team.

#### April 19: Practice Meet at Bud Rank 1pm-4pm vs. Fort Washington and Cedarwood

All athletes can participate in up to 3 events. Running events are not timed. Ribbons given to top 3 in each heat.

Running events are not limited to a certain number of athletes.

Due to the time restraint, field events are limited to the 5 athletes from each grade/gender team.

This will be the last event for some athletes.

# • April 22: A list of qualifying athletes will be posted at school in the morning.

#### April 26: CN Area Practice Meet at Granite Ridge 10:00-1:00

Athletes will qualify to attend this event.

Running Events: 5 athletes per grade/gender team

Field Events: 4 athletes per grade/gender team

# May 3: Practice Meet at Bud Rank 1pm-4pm

Athletes will qualify to attend this event.

Athletes can participate in up to 3 events.

Running events are not limited to a certain number of athletes.

Field events are limited to 4 athletes.

This will be the last event for some athletes.

# May 6: A list of qualifying athletes will be posted at school in the morning.

# May 7: CN Area District Qualifier at Granite Ridge 10:00-1:00

Running Events: 3 athletes per grade/gender team

Field Events: 3 athletes per grade/gender team

# • May 17: District Championship at Clovis East 9:30-1:30

Top 3 CN Area athletes from May 9th meet from each grade/gender team will qualify to compete at Districts.

Only 2 athletes for each grade/gender team per school are allowed, even if top 3 are from that school.

Order of Running Events: 1500 meter, 100 meter, 800 meter, 200 meter, 400 meter, 4 X 100 meter relay

(Each race will take place in the following order: 4G, 4B, 5G, 5B, 6G, 6B)

**Order of Field Events**: 1<sup>st</sup> Rotation: 4<sup>th</sup> Grade Long Jump, 5<sup>th</sup> Grade High Jump, 6<sup>th</sup> Grade Shot Put

 $2^{nd}$  Rotation:  $4^{th}$  Grade Shot Put,  $5^{th}$  Grade Long Jump,  $6^{th}$  Grade High Jump

3<sup>rd</sup> Rotation: 4<sup>th</sup> Grade High Jump, 5<sup>th</sup> Grade Shot Put, 6<sup>th</sup> Grade Long Jump