



## **Future Bronco Open Track Workouts 2024 Season**

Clovis North Track would like to invite any 4th- 6<sup>th</sup> Grade Clovis North Area Elementary Track Athletes to come workout on our track as you prepare for the 2024 track season. Clovis North Track coaches and athletes will be out to help work with our future Broncos on the following dates and times. Events that will be covered: Shot Put, High Jump, Long Jump, Sprints and Distance.

Date	Time
Monday April 22nd	5:00pm-6:00pm
Tuesday April 23 <sup>rd</sup>	5:00pm-6:00pm
Monday April 29 <sup>th</sup>	5:00pm-6:00pm
Tuesday April 30 <sup>th</sup>	5:00pm-6:00pm

**Please scan QR for Sign-ups**



**Parents this is not a drop off practice, we would like for all parents to stay at the track. Please make sure athletes bring a water bottle and the proper workout attire. If you have any questions, please contact coach Brazil or Coach Vitale.**

Thank you and we look forward to seeing you out at the Track

Coach Brazil – [richardbrazil@cusd.com](mailto:richardbrazil@cusd.com)

Coach Vitale – [joannavitale@cusd.com](mailto:joannavitale@cusd.com)